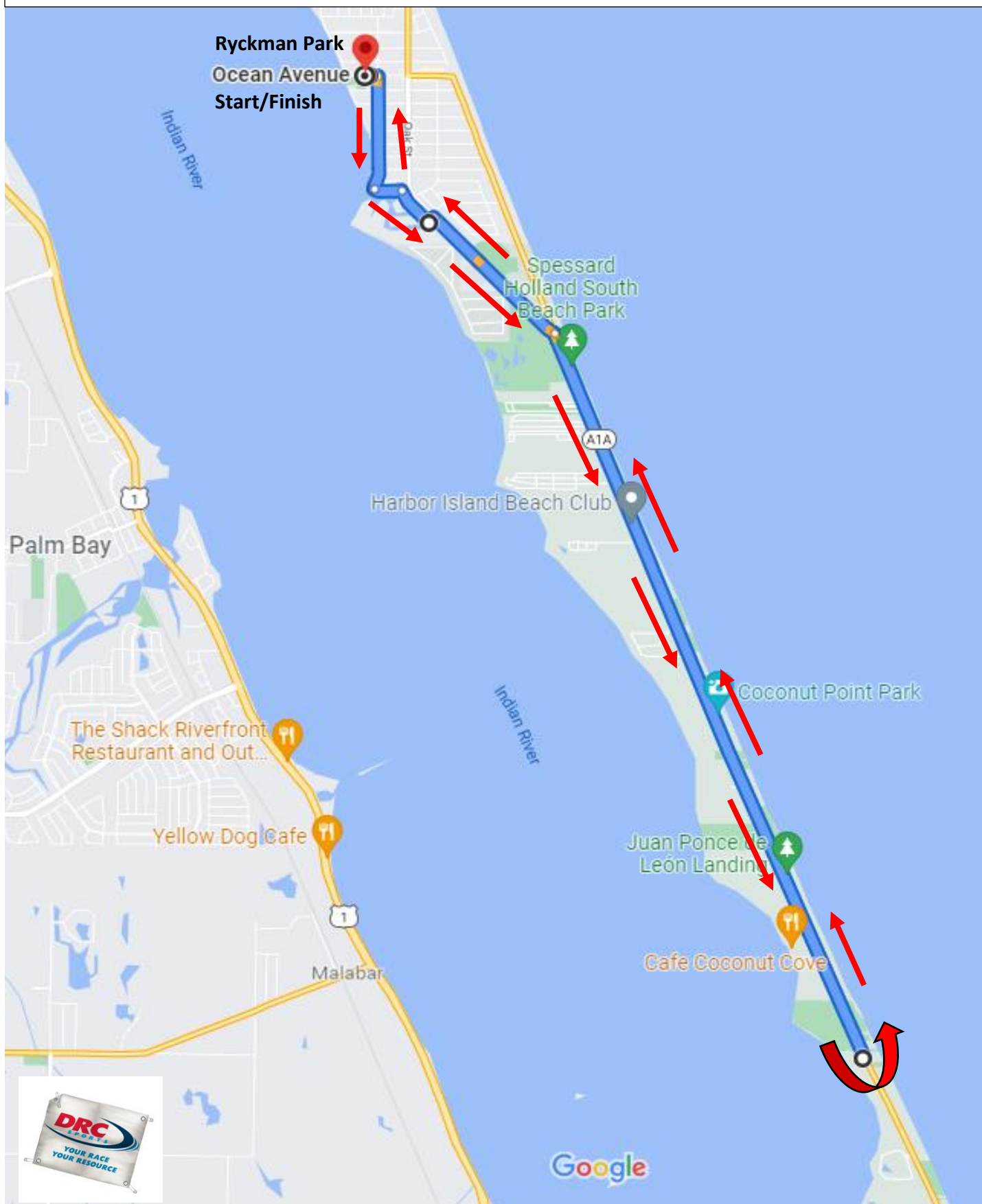
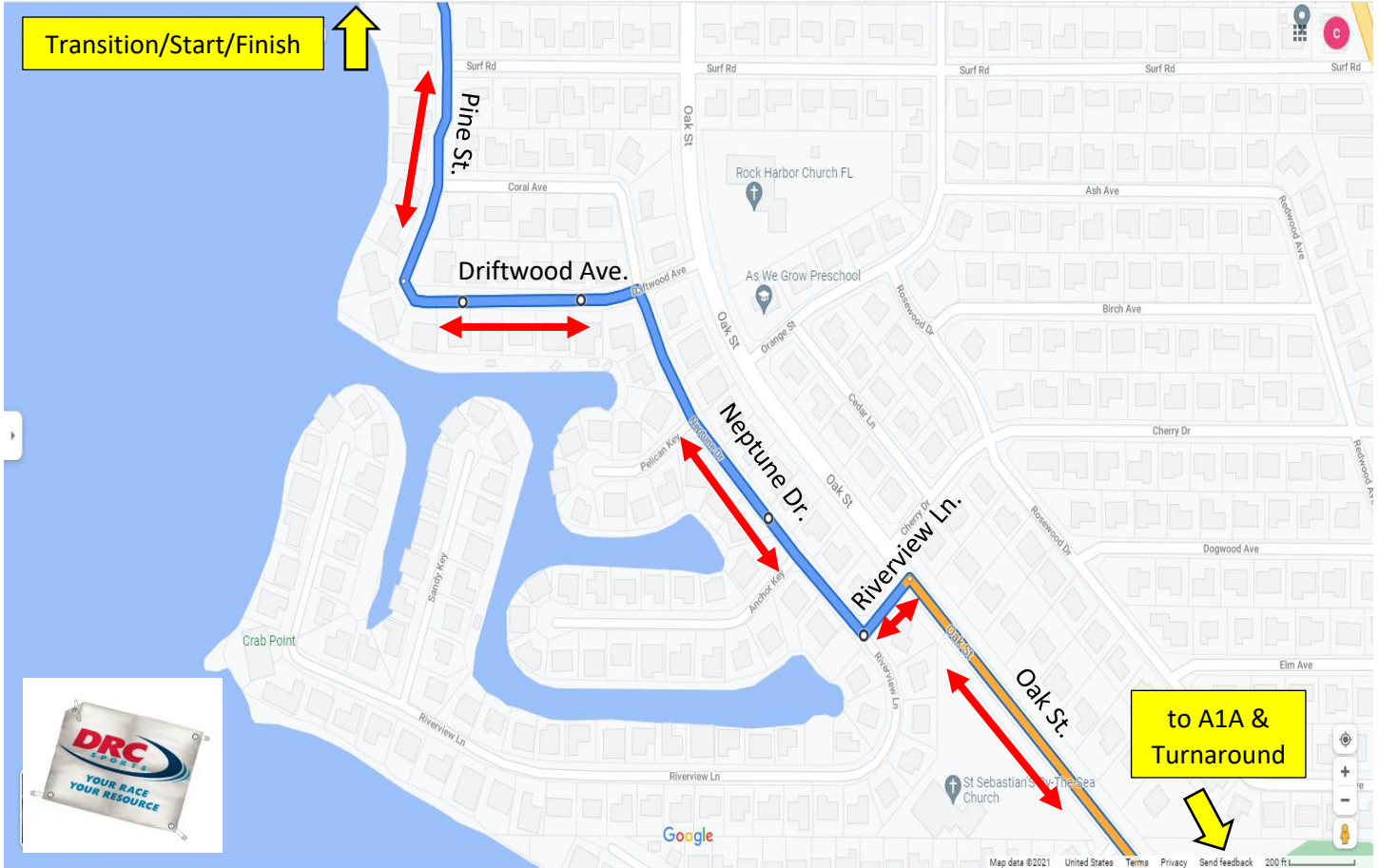


PineappleMan Triathlon – 12 Mile Bike Course (Overview)



PineappleMan Triathlon – 12 Mile Bike Course (Inset)



Course Directions:

Transition Exit (Bike Out)

- | | | | |
|-----|--|------|---|
| 0.0 | East on Ocean Ave. | 6.0 | Northbound on Atlantic St. (S. Hwy A1A) |
| 0.1 | T/R Pine St. | 10.1 | T/L Oak St. |
| 0.7 | T/L Driftwood Ave. | 10.9 | T/L Riverview Ln. |
| 0.8 | T/R Neptune Dr. | 11.0 | T/R Neptune Dr. |
| 1.0 | T/L Riverview Ln. | 11.2 | T/L Driftwood Ave. |
| 1.1 | T/R Oak St. | 11.3 | T/R Pine St. |
| 1.9 | T/R Southbound Atlantic St. (S. Hwy A1A) | 11.9 | T/L West on Ocean Ave. |
| 6.0 | Turnaround (at Turtle Bay) | 12.0 | Transition Entrance (Bike In) |